

Dear Teacher

We at the Buddhfield Charity are encouraging children to gain the benefits of the unique learning environment of forest school. On 20th - 24th September 2017, Buddhfield's Green Earth Awakening Camp will be joined by a team of qualified level three leaders with many years experience of working with children in woodland and outdoor settings.

Green Earth Awakening forest school offers a space for younger visitors to experience forest school and outdoor learning, introducing children and families to nature play and activities based on forest school principles. Throughout the camp we will offer a range of sessions centred around a woodland clearing and fire circle. We will gather together each day to share circle time, stories, songs and explore the woodland. Children will be encouraged to actively participate in the co-creation of this space, and activities, with the Forest School leaders. Each day qualified leaders will support developing skills in fire lighting, tool use and campfire cooking. The forest school area follows a rhythm each day to ensure children feel safe and familiar within the group.

Forest School focuses on the holistic development of participants, through exploration and play and engaging people of all ages through long-term activities in a woodland setting. We explore the natural world through the changing seasons; learning how we impact upon and are affected by the natural world around us. Getting outdoors we build community through games and activities whilst developing practical skills and knowledge. Through problem solving, managing risk and using their own initiative to work with others, participants establish and grow in confidence, self-esteem and motivation. Studies show that the holistic development experienced in forest school sessions supports children to progress in all areas of learning.

If you have any questions or would like to contact the forest school co ordinator directly please email Rose@buddhfield.com

Yours Sincerely

Rosie Lancaster

Event Co ordinator

www.buddhfield.com